

Simple Citrus Sugar Scrub

- 1 C Granulated Sugar
- 1 T Lemon Zest (or other citrus, such as lime, orange, or grapefruit)
- 1 T Lemon Juice (or other citrus, such as lime, orange, or grapefruit)
- 1/2 C Coconut Oil (or other oil, such as olive or jojoba)
- 1/4 t Vitamin E Oil (optional)

In a non reactive bowl, mix together sugar, zest, and juice, add oil one tablespoon at a time, until your scrub is the consistency you desire. If you are using coconut oil, you will need to warm until it is in a liquid state. Place finished scrub into a small mason jar.